

















Allergen Information sheet



DISHES														
Koupes London Allergen	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Vegan Filo parcels	x	yes	x	x	x	x	x	x	x	x	x	x	x	x
Pork, Beef,Lamb & Turkey Koupes	x	yes	x	x	x	x	x	x	x	may contain	may contain	may contain	x	x
Quorn Koupes	x	yes	x	yes	x	x	yes	x	x	may contain	may contain	may contain	x	x
Mushroom Koupes	x	yes	x	x	x	x	x	x	x	may contain	may contain	may contain	x	x
Olive Breads	x	yes	x	x	x	x	x	x	x	x	x	x	x	x
Cheese Filo Parcels	x	yes	x	yes	x	x	yes	x	x	x	x	x	x	x
Halloumi Breads	x	yes	x	yes	x	x	yes	x	x	x	x	x	x	x
Spanakopita Filo Parcels	x	yes	x	yes	x	x	yes	x	x	x	x	x	x	x
Quorn Koupes	x	yes	x	yes	x	x	yes	x	x	may contain	may contain	may contain	x	x
Thakfila	x	yes	x	x	x	x	x	x	x	yes	yes	x	x	x
Bourekia	x	yes	x	yes	x	x	yes	x	x	x	x	x	x	x
Kourabiedes	x	yes	x	yes	x	x	x	x	x	yes	x	x	x	x
Pishies	x	yes	x	yes	x	x	yes	x	x	yes	x	x	x	x
Melomakarouna	x	yes	x	yes	x	x	x	x	x	yes	x	x	x	x
Macaroini in the oven	x	yes	x	yes	x	x	yes	x	x	x	x	x	x	x
Meatballs	x	x	x	yes	x	x	x	x	x	x	x	x	x	x
Feta & Courgette Fritters	x	x	x	yes	x	x	yes	x	x	x	x	x	x	x
Feta in Filo Honey & Sesame	x	yes	x	yes	x	x	yes	x	x	x	x	yes	x	x
Moussaka	x	x	x	yes	x	x	yes	x	x	x	x	x	x	x
Vine Leaves	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Greek Sausage Rolls	yes	x	x	yes	x	x	yes	x	yes	x	x	x	yes	x